

NIBBLES AND TO SHARE

Cesto di Pane (v) (vg)	£2.50
Basket of artisan bread	
Pane & Olive (v) (vg)	£4.20
Homemade bread and marinated olives	
Pane al Aglio (v)	£4.55
Garlic pizza bread flavoured with rosemary and extra virgin olive oil	
Pane al Aglio e Formaggio (v)	£5.95
Garlic bread with mozzarella cheese	
Antipasti Misto Salumie e Formaggi	2x £9.95, 4x £16.95
Selection of Italian cured meat and cheeses, olives and pickles, served with homemade bread	
Sharing Fritto Misto (to share up to 4)	2x £10.95, 4x £17.95
Shell off king prawns, white bait, calamari, deep fried dusted semolina flour served with garlic mayo dip	

ANTIPASTI (Starters)

Halloumi (v)	£6.95
Pan fried Halloumi cheese served with sweet chilli sauce	
Bruschetta al Pomodoro (v) (vg)	£5.95
Toasted ciabatta bread topped with marinated tomatoes	
Bruschetta ai Funghi (v)	£6.50
Toasted ciabatta bread topped with garlic mushrooms	
Insalata Caprese (v)	£6.95
Fresh tomatoes, buffalo mozzarella, basil and extra virgin olive oil	
Prawn Cocktail	£6.25
Prawns served on a bed of mixed salad with Marie Rose sauce	
Calamari Fritti	£6.95
Deep fried calamari served with garlic mayo, lemon	
Gamberoni Piccanti	£9.95
King Prawns with garlic, chilli, lemon, parsley, spring onion served with ciabatta bread	
Chorizo & Funghi	£6.95
Chorizo sausage pan fried with fresh mushrooms, garlic, parsley and red wine	
Cozze Alla Marinara	£9.95
Fresh mussels, chilli, garlic pan fried in white wine creamy sauce	
Zuppa del Giorno	£6.95
Soup of the day	

PASTA

All dishes can be made with gluten free pasta

Penne Arrabiata (v)	£11.55
A spicy pasta al'arrabiata cooked with extra virgin olive oil, chillies, onions, garlic and finished with red wine tomato sauce	
Penne Primavera (v)	£11.95
Penne pasta with vegetables of the day, finished with white wine	
Spaghetti Bolognese	£12.95
Classic Italian beef, slowly cooked in a rich tomato sauce	
Spaghetti Carbonara	£13.55
Spaghetti with crispy bacon, cream, black pepper, egg yolk and Parmesan	
Tagliatelle Alfredo	£14.55
Chicken, mushrooms and onions served in a creamy Parmesan sauce with a touch of garlic	
Ravioli del Giorno	£15.95
Traditional egg pasta dough ravioli made with the filling of the day and cooked in a delicious sauce (ask the waiter for details)	
Linguine Gamberoni	£14.95
Linguine served with king prawns, cherry tomato sauce, chilli and white wine	
Tagliatelle al Salmone	£13.95
Fresh salmon, garlic, basil, cherry tomatoes served in a light tomato and creamy sauce	
Linguine La Strada	£15.95
Linguine served with king prawns, fresh mussels, squid, chillies, garlic in a wine and cherry tomato sauce	

AL FORNO

Penne al Forno	£13.85
Penne with chicken, mushrooms, pepper and cream with a hint of tomato and mozzarella	
Salsicce al Forno	£14.95
Penne pasta tossed with Italian spicy sausage, capers, caramelised onion, peppers, tomato sauce, creme freche and mozzarella cheese	
Cannelloni (v)	£12.95
Homemade cannelloni filled with Riccota and spinach topped with tomato sauce and mozzarella	
Lasagne	£13.50
Layers of paste with Bolognese and bechamel sauce topped with tomato sauce and mozzarella	

RISOTTO

Funghi Selvatici (v)	£14.55
Risotto rice cooked with wild mushrooms in a white wine creamy sauce, drizzled with truffle oil	
Risotto al Pollo & Chorizo	£15.95
Risotto rice with chorizo, chicken, mushrooms, green peas and mascarpone cheese	
Risotto Primavera (v)	£14.95
Risotto rice served in saffron with vegetables of the day finished with a white wine sauce	
Risotto al Salmone	£15.95
Pan fried Scottish salmon served with Italian rice, prawns and dill sauce	
Risotto La Strada	£16.55
Risotto rice cooked with saffron, mussels, king prawns, salmon, fresh chilli, garlic served in white wine sauce	

CARNE (Meats)

Pollo Cacciatora	£16.50
Chicken breast cooked in a tomato sauce, olives and onions served with sauteed potatoes and vegetables	
Pollo Dolcelatte	£16.95
Grilled chicken breast topped with dolcelatte and fresh spinach served with French fries	
Pollo La Strada	£17.95
Chicken breast in marsala sauce with mushrooms, onion and cream served with sauteed potatoes and vegetables	
Bistecca di Manzo	£21.95
Grilled sirloin steak served with wild mushrooms, grilled cherry tomatoes, French fries and a sauce of your choice (peppercorn, mushroom, dolcelatte - extra £2.00)	
T bone Steak	£24.95
16 oz T bone served with mushrooms, grilled cherry tomatoes, French fries and a sauce on your choice - extra £2.00	
Medaglioni di Maiale	£19.95
Pork Medallions cooked in a cream, tarragon, demi glace sauce, mushrooms, onions and served with sauteed potatoes	
Belly of Pork	£21.95
Slow cooked belly of pork served with potatoes and greens, gravy, apple and black pudding	
Lamb Chops	£20.95
Garlic and rosemary lamb chops marinated to perfection and served with sauteed potatoes and asparagus	

PESCE (Fish)

Filetto di Spigola	£19.95
Fillet of sea bass, thyme, lemon, garlic, white wine sauce served with French fries and fresh salad	
Salmone con Capperi	£19.95
Grilled salmon fillet with sauteed cream spinach potatoes and garlic butter capers sauce	
Salmone Zaffarano	£20.95
Fillet of salmon grilled served with saffron risotto and asparagus	
Griliata di Pesce	£22.95
Grilled salmon, grilled sea bass, king prawns, mussels served with saffron potatoes, white wine and saffron sauce	

PIZZA

All pizzas can be made with gluten free flour

Margherita (v)	£11.50
Tomato, mozzarella, fresh basil and drizzle of olive oil	
Pepperoni	£12.50
Tomato, pepperoni and mozzarella	
Hawaiian	£12.95
Tomato, mozzarella, ham and pineapple	
Bufalota (v)	£12.95
Tomato, buffalo mozzarella cheese finished with basil and extra virgin olive oil	
Pollo	£13.95
Tomato, mozzarella, chicken, mushrooms and peppers	
Vegetariana (v)	£12.50
Mediterranean vegetables, mozzarella and tomato sauce	
Vesuvio	£12.95
Tomato sauce, garlic, fresh chilli, salami and mozzarella	
Rustico	£13.50
Parma ham, cherry tomatoes, rocket, Parmesan, mozzarella and tomato sauce	
4 Formaggi (v)	£14.95
Buffalo, gorgonzola, parmesan and mozzarella and tomato sauce	
Piccante	£14.95
Pepperoni, bacon, mushrooms, chilli, tomato sauce and mozzarella	
Mexicana	£14.95
Tomato, mozzarella, chorizo, peppers, goats cheese, onions and chilli	
Marinara	£14.95
Tomato sauce, mozzarella, sea food and fresh chilli and garlic	
La Strada Special	£15.95
Bolognese sauce, mozzarella, ham, pepperoni, spicy sausage and fresh chilli	
Calzone Vegetariana (v)	£15.55
Folded pizza filled with spinach, ricotta cheese, mozzarella served with a fresh salad	
Italian Calzone	£16.55
Folded pizza filled with mozzarella cheese, chicken, pepperoni, ham, Bolognese sauce served with a fresh salad	

OMELETTES & SALADS

Cheese & Ham Omelette	£11.50
Mozzarella cheese and ham served with French fries and fresh salad	
Italian Omelette	£12.50
Tomato, onions, mushrooms, peppers served with French fries and salad	
Cesaré	£12.95
Chicken, Parmesan, croutons, mixed leaves and Balsamic	
Romanesco	£11.95
Roasted peppers, mixed leaves, goats cheese and Balsamic reduction	

CONTORI (Sides)

Patatine Fritte	£3.95
French fries	
Potato Sauteed	£3.95
Sauteed new potatoes	
Verdure del Giorno	£4.20
Vegetables of the day	
Insalata Misto	£4.20
Mixed salad	
Rugola and Parmigiano	£3.95
Rocket and Parmesan	
Creamy Spinach	£4.25
Asparagus	£5.95
Pan fried with garlic, parsley, virgin olive oil.	

SUNDAY LUNCH

Sirloin of Beef £15.55
Served with Yorkshire pudding, roast potatoes, vegetables & gravy

Belly of Pork £16.55
Slow roasted, served with Yorkshire pudding, roast potatoes, vegetables & gravy

Salmon £15.55
Pan seared - served with white wine creamy sauce, roast potatoes & vegetables

Chicken £14.55
Chicken breast, served with roast potatoes, vegetables & gravy

Children: 1 COURSE = £6.95 + ICE CREAM

GLUTEN FREE PASTA & PIZZA available at an extra £1.95 - Please ask your waiter for details.

Should you have concerns about a Food Allergy or Intolerance, please speak to our staff before ordering food or drinks.