

LA STRADA

APPETISERS

CIOTOLA DI OLIVE 3.95 DF GF VG
Marinated Sicilian Nocellara olives

PANE E OLIO 4.50 GF* DF V VG*
Homemade bread, butter, extra virgin olive oil and balsamic vinegar

PANNE ALL`AGLIO 5.95 GF* DF VG
Garlic flat bread

PANNE ALL`AGLIO E FORMAGGIO 7.50 V VG*
Garlic flat bread with mozzarella cheese

ANTIPASTI MISTO SALUMIE E FORMAGGI 14.95 GF*
A selection of cured Italian meats and cheeses ,olives and pickles,served with home-made bread.(up to 2 people)

PER COMINCIARE

STARTERS

HALLOUMI 6.95 V

Pan fried Halloumi cheese with a touch of honey served with a sweet chilli sauce

BRUSCHETTA DI NAPOLI 6.95 V VG DF GF*
Marinated cherry tomatoes , fresh basil and a touch of garlic, served on a crusty home-made bread

CALAMARI FRITTI 7.95 GF* DF*
Crisp and tender squid coated in semolina flower, herbs, chilli and garlic served with tartare sauce

PRAWN COCTAIL 7.20 GF*
Prawns served on a bed of mixed salad with marie rose sauce

GAMBERONI PICANTE 9.50 GF* DF*
Pan fried king prawns in white wine and chilli-garlic tomato sauce, served with home-made crusty bread

CHORIZO & FUNGHI 7.95 VG* GF*
Chorizo sausage pan fried with fresh mushrooms,garlic,parsley and red wine

FUNGHI CON AGLIO 7.50 V VG* GF*
Pan fried mushrooms in white wine, garlic and butter served with home-made bread

BRODO DI COZZE 9.70 GF*
Fresh mussels pan fried with prosecco, chilli-garlic, shallots,pomodoro, served with homemade bread

INSALATA CAPRESE 8.50 V GF
Buffalo mozzarella cheese, tomatoes, homemade balsamic reduction and fresh basil

ALLERGIES AND INTOLERANCES!

PLEASE ALWAYS SPEAK TO A MEMBER OF STAFF ABOUT THE INGREDIENTS IN OUR DISHES BEFORE PLACING YOUR ORDER

V DENOTES VEGETERIAN DISHES
DF DAIRY FREE
DF* DAIRY FREE AVAILABLE

VG DENOTES FOR VEGAN, VG* DENOTES FOR VEGAN AVAILABLE
GF GLUTTEN FREE
GF* GLUTTEN FREE AVAILABLE ON REQUEST

LA STRADA

PASTA & RISOTTO

LINGUINE BOLOGNESE 14.50 DF* GF*

Linguine pasta with bolognese sauce

RISOTTO CON POLLO & CHORIZO 15.50 GF DF*

Arborio rice risotto with chicken,chorizo, mushroom,Mascarpone , green peas.

RAVIOLI DEL GIORNO 15.50

Homemade pasta Ravioli, fresh on the day on our kitchen

Ask a member of staff to find out the today's Ravioli

PENNE ARRABIATA 14 V VG* GF* DF*

Penne pasta, olive oil, chilli, garlic, parsley, shallot onions served in tomato sauce

LINGUINE CON VERDURE 15 V VG* DF* GF*

Linguine pasta, peas pure, asparagus, garlic, parmesan cheese

RISOTTO ALLO SCOGLIO 17.95 GF DF*

Risotto rice cooked with saffron,mussels,king prawns ,salmon ,fresh chilli and garlic

PENNE ALFREDO 15 GF* DF*

Penne pasta,with chicken, mushrooms ,garlic and shallot onion served in a creamy parmesan sauce

SPAGHETTI CARBONARA 15.95 GF*

Spaghetti pasta with pancetta, egg yolk, parmesan served on a creamy sauce

LINGUINE LA STRADA 17 GF* DF*

Linguine pasta with king prawns and mussels in white wine sauce, a touch of chilli-garlic

RISOTTO FUNGHI SELVATICI 15.20 V* VG* GF DF*

Risotto rice cooked with wild mushrooms in a white wine creamy sauce ,drizzled with truffle oil

SALSICCE AL FORNO 15.20 GF* DF*

*Penne pasta tossed with italian spicy sausage ,capers,caramelised onion ,peppers ,tomato sauce
Crème freche and mozzarella cheese*

LASAGNA 15.50

Layers of fresh pasta, homemade classic bolognese sauce, bechamel, fresh herbs and mozzarella

SPAGHETTI AL SALMONE 15.95 GF*

Spaghetti pasta with salmon, garlic, basil, cherry tomatoes served in a light creamy tomato sauce

SIDES

VEGETABLES OF THE DAY 4 GF

MISTO SALAD 4.20 GF

ASPARAGUS 4 V GF* DF

ROCKET PARMESAN SALAD 3.50 GF

FRENCH FRIES 4.50 V GF* DF

CRUSHED POTATOES 4 GF DF

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LE SPECIALITA

BRANZINO 21 GF* DF*

Fresh filleted sea bass pan fried in white wine sauce, served with prawns, mussels and new potatoes

POLLO CON FUNGHI 18.50 GF DF*

Grilled chicken supreme served with mushrooms sauce vegetables of the day

POLLO CON GORGONZOLA 18.50 GF

Grilled chicken supreme served with gorgonzola sauce mixed with spinach and new potatoes

PETO D'ANATRA 21 DF* GF

Duck breast, spring onion ,spring onion crushed potatoes, asparagus, frutti di bosco sauce

SALMONE ZAFFERANO 21.50 GF DF*

Fillet of salmon grilled served with saffron risotto and asparagus

PANCETTA DI MAIALE AL FORNO 22 GF

Slow cooked belly of pork served with spring onion crushed potatoes, greens, gravy, apple and black pudding

GRIGLIATA LA STRADA 23 DF* GF*

Grilled salmon, grilled sea bass, king prawns,mussels served with potatoes and a white wine saffron sauce

BISTECCA DI MANZO 23 GF

Aged sirloin steak 8oz , served with rocket, grilled mushroom, cherry tomatoes and French fries

T BONE STEAK 26 GF

16 oz T bone steak served with mushrooms ,cherry tomatoes and French fries

ADD A SAUCE 2

Pepe Nero -Peppercorn

Marsala – Creamy mushroom marsala wine sauce

Gorgonzola - Blue cheese sauce GF

ISALATA ALLA CESARE 14.95 DF*

Chicken breast supreme ,parmesan, croutons, mixed leaves Caesar sauce and balsamic

INSALATA ROMANESCO 13.95 DF* GF

Roasted peppers,mixed leaves, goats cheese, virgin olive oil and balsamic reduction

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PIZZA

Pizza doughs are freshly made into our kitchen Ask the staff for gluten free requests

MARGHERITA 12 **V**

Tomato sauce, mozzarella and fresh basil

PROSCIUTTO E FUNGHI 15.20

Tomato sauce, mozzarella, ham, mushroom

PIZZA CON BUFALA 16.50

Tomato sauce, buffalo mozzarella, parmaham and extra olive oil

MEXICANA 15.95

Tomato sauce, mozzarella, chorizo sausage, goats cheese, onions, peppers, chilli

VEGETARIANA 15.70 **V**

Tomato sauce, mozzarella and a selections of Mediterranean vegetables

CAPRICCIOSA 16.20

Tomato sauce, mozzarella, ham, olives, artichokes, mushrooms

PICCANTE 16.50

Tomato sauce, mozzarella, mushrooms pepperoni, pancetta and fresh chillies

MARINARA 16.50

Tomato sauce, mozzarella, sea food ,fresh chilli and garlic

CALZONE 16.50

Tomato sauce, mozzarella, ham, mushrooms, pepperoni and chicken

LA STRADA PIZZA 16.95

Bolognese sauce, mozzarella, pancetta, pepperoni, spicy sausage and fresh chilli

HAWAIIAN PIZZA 14.95

Tomato sauce, mozzarella, ham and pineapple

MAKE YOUR OWN PIZZA-TOPPINGS:

Chicken, Prawns, Calamari, Parma-Ham, Buffalo cheese, Gorgonzola cheese 2.50

Pepperoni, Ham, Anchovies, sausage, Peppers 2

Onions, Rocket leaves, Olives, artichokes, mushroom 2

BAMBI

ANY PASTA OR RISOTTO HALF PORTION AT PRICE REDUCTION

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